

Gift This!

# 31 Days of Giving

Our annual calendar is back and full of brand-new ways to help make the world a better place.

By SAMANTHA LEACH



**1 Help Hurricane Florence victims:** \$20 to [redcross.org](http://redcross.org) provides a day of meals to a woman rebuilding her home.

**2 Fight AIDS.** A gift of \$25 to [treatmentactiongroup.org](http://treatmentactiongroup.org) helps fight bias so HIV-positive patients can get the care they need.

**3 Knit a scarf** for a woman with heart disease, the top killer of U.S. women. [WomenHeart.org](http://WomenHeart.org) will bring it to a newly diagnosed patient.

**4 Nourish a child.** In Chad 87% of people live in poverty; \$31 to [edesianutrition.org](http://edesianutrition.org) helps feed a kid for a month.

**5 Free Saudi women.** Donate to [hrw.org](http://hrw.org) to advocate for the release of female activists who fought to lift the driving ban.

**6. Teach women sexual agency.** Many refugees endure sexual violence; \$15 to [The Unmentionables](http://TheUnmentionables.org) helps one woman learn her rights.



**12. Aid female farmers.** The 7 Virtues Vetiver Elemi perfume (\$77) supports farmers in Haiti devastated by the 2010 earthquake.

**7 Give a backpack** full of new books to a child in a low-income community in the U.S. with \$21 to [firstbook.org](http://firstbook.org).

**8 Prevent suicide.** Volunteer at [crisistextline.org](http://crisistextline.org), which helped save 507,000 lives last year.

**9 Help women campaign.** A gift of \$25 to vote [runlead.org](http://runlead.org) provides child care so moms can participate in #RunAsYouAre trainings.

**10 Support our vets:** \$20 to Wounded Warriors Family Support funds one hour of job training for an injured veteran.

**11 Keep parks green.** Wildfires threaten California's national parks—a donation to [nationalparks.org](http://nationalparks.org) helps protect them.

**13 Keep kids in school.** Each year 1.2 million students drop out. Mentor a struggling high schooler at [icouldbe.org](http://icouldbe.org).

**14 Bring comfort to the elderly;** \$10 to Meals on Wheels gives homebound seniors a meal delivered by a caring volunteer.

**15 Fight for gun control.** More than 90 Americans are killed with guns daily. Donate to [marchforourlives.com](http://marchforourlives.com) to advocate for gun safety laws.

**16 Help a woman heal after sexual assault;** \$42 to [rainn.org](http://rainn.org) provides counseling for one survivor through its hotline.

**17 FundRace** for back [onmyfeet.org](http://onmyfeet.org), which brings the homeless together to run with mentors and for career training.

**18 Protect pregnant women.** Maternal mortality is on the rise in the U.S.; a gift to [everymothercounts.org](http://everymothercounts.org) can help save a mom.

**19 Give shelter to refugees.** Your gift of \$60 to [unrefugees.org](http://unrefugees.org) provides tarps to shield four displaced Rohingya families.

**20 Educate parents of kids with autism.** Just \$12 to [autismspeaks.org](http://autismspeaks.org) helps them navigate the first 100 days after a new diagnosis.

**21 Save the oceans;** 8 million metric tons of plastic gets dumped in the seas each year. Donate to Ocean Conservancy for cleanup.

**22 Find strays a home** with \$35 to [bestfriends.org](http://bestfriends.org); it will provide a homeless dog with a warm bed in a shelter.

**23 Liberate child brides.** In Niger 76% of girls marry before 18; for \$74, [care.org](http://care.org) keeps a girl in school instead.

**24 Empower young artists.** Buy a print at [100cameras.org](http://100cameras.org) to support a child recovering from trauma and to aid her school.



**28 Help a woman land on her feet;** \$50 to [ceoworks.org](http://ceoworks.org) dresses a woman who was incarcerated for a job interview.

**29. Display your resistance.** Net proceeds from posters at [project2021.com](http://project2021.com) (like this one, \$30) go to groups like Planned Parenthood.

**26 Reunite families.** Give \$50 to [actionnetwork.org](http://actionnetwork.org) to pay for an hour of legal counsel for families detained at the border.

**27 Promote inclusive filmmaking;** \$50 to [seejane.org](http://seejane.org) supports research and advocacy work to fight stereotypes in TV and movies.

**30 Comfort a family after tragedy;** \$20 to [shatterproof.org](http://shatterproof.org) helps families who have lost a loved one to addiction.

**31 Defend the free press.** A record number of journalists were imprisoned in 2017. Donating to [cpj.org](http://cpj.org) helps protect the press worldwide.

 FOR AN INTERACTIVE GUIDE TO THESE CHARITIES, CHECK OUT [GLAMOUR.COM/GIVING](http://GLAMOUR.COM/GIVING)