# Gift This!

# 31 Days of Giving

Our annual calendar is back and full of brand-new ways to help make the world a better place.

**By SAMANTHA LEACH** 

Help Hurricane Florence victims: \$20 to redcross .org provides a day of meals to a woman rebuilding her home.



2. Aid female farmers. The 7 Virtues Vetiver Elemi perfume (\$77) supports farmers in Haiti devastated by the 2010 earthquake.

B Protect pregnant women. Maternal mortality is on the rise in the U.S.; a gift to everymother counts.org can

help save a mom.

24 Empower young artists. Buy a print at 100cameras.org to support a child recovering from trauma and to aid her school.

28 Help a woman land on her feet; \$50 to ceoworks .org dresses a woman who was incarcerated for a job interview.

Fight AIDS. A gift of \$25 to treatmentaction group.org helps fight bias so HIVpositive patients can get the care they need.

Give a backpack 7 Give a full of new books to a child in a low-income community in the U.S. with \$21 to firstbook.org.

13 Keep number 13 in school. 🛛 Keep kids Each year 1.2 million students drop out. Mentor a struggling high schooler at icouldbe.org.

Give shelter to refugees. Your gift of \$60 to unrefugees.org provides tarps to shield four displaced Rohingyan

families.



### Knit a scarf for a woman with heart disease, the top killer of U.S. women. Women heart.org will bring it to a newly diagnosed patient.

3

Prevent suicide. Volunteer at crisistextline.org, which helped save 507,000 lives last year.

the elderly; \$10 to Meals on Wheels gives homebound seniors a meal delivered by a caring volunteer.

.org helps feed a kid for a month. Help women campaign. A gift of \$25 to vote runlead.org provides child care so

A Nourish a child.

In Chad 87% of

poverty; \$31 to

edesianutrition

people live in

pate in #RunAs YouAre trainings. **5** Fight for gun control. More than 90 Americans are killed with guns daily. Donate to marchforourlives .com to advocate for

21 Save the oceans; 8 million metric tons of plastic gets dumped in the seas each year. Donate to Ocean Conservancy for cleanup.

gun safety laws.

**5** Rebuild Puerto Rico. Over 8,000 families there still don't have water; \$30 to Operation Agua gives a family clean H<sub>2</sub>O.

29. Display your resistance. Net proceeds from posters at project2021.com (like this one, \$30) go to groups like Planned Parenthood.

## Free Saudi women.

Donate to hrw.org to advocate for the release of female activists who fought to lift the driving ban.

O<sup>Support</sup> our vets: \$20 to Wounded Warriors Family Support funds one hour of job training for an injured veteran.

## l & Help a woman heal

after sexual assault; \$42 to rainn.org provides counseling for one survivor through its hotline.

## 22 Find strays a home

with \$35 to bestfriends.org; it will provide a homeless dog with a warm bed in a shelter.

26 Reunite families. Give \$50 to action network.org to pay for an hour of legal counsel for families detained at the border.

**30** Comfort a family after tragedy; \$20 to shatter proof.org helps families who have lost a loved one to addiction.

#### Teach women sexual agency. Many refugees endure sexual violence; \$15 to The Unmentionables helps one woman learn her rights.

**Keep parks** green. Wildfires threaten California's national parks-a donation to nationalparks .org helps protect

FundRace for back onmyfeet.org, which brings the homeless together to run with

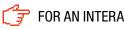
them.

mentors and for career training. 23 Liberate child brides.

In Niger 76% of girls marry before 18; for \$74, care.org keeps a girl in school instead.

27 Promote inclusive filmmaking; \$50 to seejane.org supports research and advocacy work to fight stereotypes in TV and movies.

**3** Defend the free press. A record number of journalists were imprisoned in 2017. Donating to cpj.org helps protect the press worldwide



FOR AN INTERACTIVE GUIDE TO THESE CHARITIES, CHECK OUT GLAMOUR.COM/GIVING



[4] Bring comfort to

 $20^{
m Educate}$  parents of kids with autism. Just \$12 to autism speaks.org helps them navigate the first 100 days after a new diagnosis.